



# Headlines

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## Lady Essent ISU World Allround Speed Skating Champion 2009

1. <b><u>Martina Sáblíková (CZE)</u></b>	<b>161.616</b>	
2. Kristina Groves (CAN)	162.264	0.65
3. Ireen Wüst (NED)	163.639	2.03

## Essent ISU World Allround Speed Skating Champion 2009

1. <b><u>Sven Kramer (NED)</u></b>	<b>147.567</b>	
2. Håvard Bøkko (NOR)	148.077	0.51
3. Enrico Fabris (ITA)	149.469	1.91

### Distance-results Ladies:

<b>500m</b>	1. Christine Nesbitt (CAN) 38.87	2. Alla Shabanova (RUS) 39.53	3. Ireen Wüst (NED) 39.61
<b>1500m</b>	1. Kristina Groves (CAN) 1:56.17	2. Christine Nesbitt (CAN) 1:56.49	3. Ireen Wüst (NED) 1:56.78
<b>3000m</b>	1. Martina Sáblíková (CZE) 4:01.90	2. Renate Groenewold (NED) 4:05.61	3. Paulien v. Deutekom (NED) 4:05.88
<b>5000m</b>	1. Martina Sáblíková (CZE) 6:55.54	2. Masako Hozumi (JPN) 7:03.56	3. Stephanie Beckert (GER) 7:05.13

### Distance-results Men:

<b>500m</b>	1. Denny Morrison (CAN) 35.55	2. Håvard Bøkko (NOR) 35.99	3. Konr.Niedzwiedzki (POL) 36.04
<b>1500m</b>	1. Håvard Bøkko (NOR) 1:44.83	2. Sven Kramer (NED) 1:45.01	3. Trevor Marsicano (USA) 1:45.37
<b>5000m</b>	1. Sven Kramer (NED) 6:09.74	2. Håvard Bøkko (NOR) 6:15.94	3. Enrico Fabris (ITA) 6:20.31
<b>10000m</b>	1. Sven Kramer (NED) 13:05.21	2. Håvard Bøkko (NOR) 13:11.01	3. Enrico Fabris (ITA) 13:20.65

### Records:

#### Ladies

#### Men

<b>Worldrecord(s) time/points</b>	-	-
<b>Trackrecord(s) time/points</b>	-	2 (5k, 10k)
<b>Personal record(s)</b>	11 (4x500, 2x3k, 4x1500, 1x5k)	5 (3x500, 1x5k, 0x1500, 1x10k)
<b>National record(s)</b>	1 (500-CZE)	-
<b>Championships record(s)</b>	-	1 (5k)
<b>Other headlines:</b>		3 Falls (1x500 Röljler, 1x5k Makowsky, 1x1500 Rummyantsev)
	Claudia Pechstein withdrawn before 1500m	Delay 19 min. during 500m - hole in the ice
		Joel Eriksson withdrawn before 1500m

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